

# BREAKFAST

American-style pancakes with: Nutella & blueberries (v) // Maple syrup & bacon // Peanut Butter & Jelly (v)	6.5
The Con Club full English: Smoked bacon, sausage, tomatoes, mushrooms, Bury black pudding, beans, choice of egg, toasted sourdough	11
Veggie breakfast: Vegan black pudding, mushrooms, spinach, tomatoes, beans, choice of egg, toasted sourdough (v)	9
Smoked salmon & scrambled eggs: chive creme fraiche, toast	9
Eggs benedict / florentine(v)/ royale	8
Smashed avocado & poached egg on sourdough (v)	8
Spinach, mushroom and poached egg on sourdough: mushroom hollandaise (v)	8
Salt beef hash: Poached egg & hollandaise sauce (gf)	9
Poached egg pot: Poached egg, avocado, broccoli, feta, chilli flakes (v,gf)	6

<b>Juices £4.95</b>	Banana Blast: Banana, orange, vanilla yoghurt	
Popeye's Paradise: Apple, spinach, kale, cucumber, lemon, ginger	Umbongo: Banana, mango, pineapple, orange	
Green Remedy: Cucumber, celery, spinach, pear, lemon, fennel	Naughty Nutter: Banana, milk, chocolate, peanut butter	
The Rjuvenator: Apple, lemon, cucumber, celery, ginger	<b>Bloody Marys</b>	
Lions Blood: Apple, orange, beetroot, carrot	Bloody Mary: Citron vodka, lemon juice, tomato juice, salt & pepper, tobasco, lea & perrins	8
Kerly Magic: Kale, avocado, apple, lime, mint, coconut	Red Snapper: Portobello gin, lemon juice, tomato juice, salt & pepper, tobasco, lea & perrins	8.5
Brunch Boost: Apples, carrot, lime, mint	Bloody Geisha	
Very Berry: Blueberries, strawberries, raspberries, blackberries, acai berries, apple	Shochu, plum sake, lime juice, tomato juice, ginger brine, sriracha, chipotle salt rim	9
<b>Smoothies £4.95</b>	Michelada: Lager, tomato juice, lea & perrins, tobasco, lime juice, chipotle salt rim	4
Blue Monday: Pineapple, blueberries, blackberries, yoghurt	Bloody Shame: The same as the Bloody Mary but without the booze	5
The Morning After		
Orange, banana, strawberries, yoghurt		