

# LUNCH MENU

AVAILABLE 12-5PM MONDAY TO SATURDAY

## APPETISERS

|   |    |     |
|---|----|-----|
| Rustic garlic ciabatta + cheese   | £1 | 5   |
| Serrano ham sharing platter for two from the Berkel, caper berries, Grissini                  |    | 15  |
| Gordal olives   |    | 6   |
| Chef's homemade Focaccia, extra virgin rapeseed oil & aged balsamic, (please ask your server) |    | 4   |
| 'Grandad's' Chipolatas, honey grain mustard   |    | 7   |
| Edamame beans   |    | 5.5 |
| Padron peppers with sea salt  |    | 7   |
| Tempura prawns (4pcs), soy, mirin   |    | 10  |

## BRUNCH

|   |  |      |
|---|--|------|
| Turkish eggs: poached eggs, yoghurt, garlic, chilli, lemon, chickpea, char grilled focaccia |  | 10   |
| American style pancakes with: Nutella & blueberries(n) / maple syrup & bacon                |  | 7.5  |
| Smoked salmon, scrambled eggs, chive creme fraiche, toast                                   |  | 11   |
| Salt beef hash, poached egg, hollandaise sauce  |  | 10.5 |
| Smashed avocado, poached egg on sourdough (v)   |  | 9.5  |
| Spinach, mushroom and poached egg on sourdough, hollandaise (v)                             |  | 9.5  |

## STARTERS

|   |  |     |
|---|--|-----|
| Soup of the day (v)   |  | 6.5 |
| Chicken liver parfait, pear, apple & golden raisin chutney, toasted brioche |  | 10  |
| Kale croquette, seaweed mayo, preserved lemon, toasted pinenuts             |  | 9.5 |
| Tiger prawns on toast with white wine, garlic, chilli & soft herbs          |  | 12  |

## SANDWICHES

|  |  |    |
|--|--|----|
| Steak Burger, Monterey Jack, streaky bacon, beef tomato, gherkin, baby gem, brioche bun, fries         |  | 15 |
| Fish finger sandwich, tartare sauce, lettuce, ciabatta toast, fries                                    |  | 12 |
| Con Club club, roast chicken, lettuce, tomato, smoked bacon, fresh basil, mango mayo, ciabatta, fries  |  | 12 |
| Braised lamb shoulder flatbread, crispy chickpeas, turnip tops, smoked chilli jam, harissa & sumac oil |  | 14 |

## SALADS

|  |  |      |
|--|--|------|
| Crispy beef, Oriental salad, sticky soy dressing (n)   |  | 13   |
| Chicken Caesar salad: roasted chicken, anchovies, croutons, crisp chicken skin, parmesan, gem, Caesar dressing                           |  | 15   |
| Superfood Salad - quinoa, broccoli, green bean, spinach, spring onion, pomegranate, cashew nut, pomegranate and ginger dressing (n) (gf) |  | 10.5 |
| Add halloumi +4, Cajun chicken +6, salmon +7,  |  |      |

## MAINS

|  |  |      |
|--|--|------|
| Fish & chips: battered haddock, fries, tartare sauce & mushy peas (gf)   |  | 14   |
| Poached and smoked salmon fishcake, poached egg, spinach, hollandaise (sml/lrg)                                    |  | 8/14 |
| Chargilled steak on sour dough, spinach, Nduja sausage basil pesto, toasted hazelnuts (n)                          |  | 17   |
| Salt and pepper tofu, spicy herbed udon noodles, soy, mirin, choy, edamame beans, crispy vermicelli (vg)           |  | 15   |
| Tuna nicoise, tuna steak, edamame beans, soft boiled egg, potato, olives, anchovy, extra virgin olive oil dressing |  | 24   |
| Smoked haddock Kedgerree, spicy rice, mango chutney, mint yoghurt, coriander, boiled egg                           |  | 15   |

## THE GRILL (gf)

|  |  |         |
|--|--|---------|
| Rump 300g, gem leaf salad, fries   |  | 25      |
| 38 day prime British sirloin 300g, gem leaf salad fries                    |  | 29      |
| Fillet 200g, gem leaf salad, fries   |  | 32      |
| Harissa marinated lamb chops, imam bayildi, quinoa & pomegranate salad 4/6 |  | 17/25.5 |

## TO SHARE (gf)

|  |  |    |
|--|--|----|
| Roasted lamb rack, rosemary & thyme rub, seasonal greens, buttered new potatoes          |  | 56 |
| Tomahawk steak 1kg, (Allow 30 mins) fries, watercress. Best served medium-rare to medium |  | 70 |
| Bearnaise(gf) or peppercorn(gf)  |  | 4  |

## SIDES

|                                  |  |     |
|----------------------------------|--|-----|
| Fries / Parmesan & truffle fries |  | 6/7 |
| Sweet potato fries               |  | 7   |
| House salad                      |  | 6   |
| Seasonal greens                  |  | 7   |
| Halloumi                         |  | 5   |
| Mac 'n' cheese                   |  | 8   |
| Buttered new potatoes            |  | 6.5 |

## KIDS MENU (12 years and under) £ 7

|   |  |
|---|--|
| Mac 'n' cheese (as it is)                       |  |
| Bangers & mash                                  |  |
| Fish & chips                                    |  |
| Crispy chicken goujons (gf)                     |  |
| All served with fries/mash & greens/beans/salad |  |

Many recognised allergens are handled in our kitchens. If you have any concerns, don't hesitate to talk to a member of our team, who will be pleased to provide you with more detailed information.

(n)=contains nuts. Prices are inclusive of VAT.

There will be a discretionary 12% service charge.

# SUSHI / LIQUID LUNCH

JUICES & SMOOTHIES AVAILABLE UNTIL 5PM

| <b>NIGIRI (3pcs)</b> |   | <b>SASHIMI (4pcs)</b> |    | <b>HOSOMAKI (8pcs)</b>  |   | <b>Poke</b><br>Traditional Hawaiian rice bowls (n) |        |
|----------------------|---|-----------------------|----|---|---|--|--------|
| Salmon               | 7 | Salmon                | 10 | Avocado (v)   | 7 | Threesome: tuna, salmon, hamachi                   | 20     |
| Tuna                 | 7 | Tuna                  | 10 | Cucumber (v)  | 7 | Teriyaki beef                                      | 15     |
| Seabass              | 7 | Seabass               | 11 | Salmon  | 8 | Tofu (v)   | 13.5   |
| Prawn                | 7 | Hamachi               | 12 | Tuna  | 8 |  |        |
| Hamachi              | 9 | 12 piece platter      | 34 |   |   |  |        |
|                      |   |                       |    | <b>Dressed/Classic Oysters</b>  |   |  | 4 each |
|                      |   |                       |    | <b>6 Oysters</b> dressed with Jalapeno, tomato & mango, Mignonette Salsas |   |  | 26     |

## URAMAKI (5/10pcs)

|               |   |      |
|---------------|---|------|
| PUMPKIN ROLL  | Pumpkin, cucumber, mango with avocado, teriyaki, togarashi (n)                              | 7/13 |
| SALMON        | Salmon, avocado, mayonnaise, salmon roe   | 8/15 |
| KATSU ROLL    | Breaded chicken, cucumber, teriyaki, mayonnaise, togarashi, crispy shallots                 | 7/13 |
| SPICY TUNA    | Spicy sriracha tuna, spring onion, spicy mayonnaise, togarashi                              | 8/15 |
| SPIDER        | Tempura soft shell crab, cucumber, avocado, mixed leaves, truffle mayonnaise, orange tobiko | 18   |
| MUSHU SPECIAL | Tempura prawn, avocado, cucumber, seared salmon, black tobiko, teriyaki sauce               | 17.5 |
| TUNA MAKI     | Avocado, chives, sesame seed, Wasabi mayonnaise   | 15   |
| DISCO ROLL    | Breaded prawn, cucumber, mango, tuna, avocado, spicy mayonnaise, orange tobiko              | 18.5 |

## FUTOMAKI (5pcs)

|              |   |      |
|--------------|---|------|
| SPICY SPIDER | Tempura soft shell crab, mango, cucumber, Kaiso, green tobiko, jalapeno, mayonnaise (n) | 18   |
| THREESOME    | Salmon, tuna, hamachi, avocado, orange tobiko, teriyaki sauce, sesame                   | 18.5 |

Please note we use products with sesame and nuts on the sushi section

## OMAKASE

Chef's platter of the day includes: nigiri, sashimi, hosomaki, uramaki (n)

|           |    |
|-----------|----|
| 30 pieces | 52 |
| 40 pieces | 66 |

## CEVICHE & TARTARE

|   |    |
|---|----|
| Seabass with ponzu, jalapeno & onion relish                                 | 16 |
| Spicy Tuna Tartare, avocado, coriander, citrus caviar, black tapioca crisps | 16 |
| Yellowtail with jalapeno & corriander dressing                              | 20 |

## FRESH JUICES ALL £6

Green Machine: Cucumber, spinach, ginger, apple, lemon

Power Beets: Orange, beetroot, apple, lime

Carrot Top: Carrot, orange, pineapple, lime

Ginger Ninja: Apple, carrot, ginger, mint

S.L.P.: Strawberry, lime, pineapple, apple

Pina Colada: Pineapple, coconut, lime

Celery Super Juice: Celery, ginger, mint, lemon

Fresh Ginger Shot **£3**  
(it's got a kick)

## FRESH SMOOTHIES ALL £6

Blue Monday: Pineapple, blueberries, blackberries, yoghurt

The Morning After: Orange, banana, strawberries, yoghurt

Banana Blast: Banana, orange, vanilla yoghurt

Umbongo: Banana, mango, pineapple, orange

## BLOODY MARYS

Bloody Mary: Vodka, lemon juice, tomato juice, salt & pepper, Tobasco, Lea & Perrins 9

Red Snapper: Gin, lemon juice, tomato juice, salt & pepper, Tobasco, Lea & Perrins 9

Bloody Geisha: Vodka, plum infused sake, ginger, lime juice, Sriracha 9

Michelada: Lager, tomato juice, lime, Tobasco, Lea & perrins 6

Bloody Shame: Tomato juice, lemon juice, salt & pepper, Tobasco, Lea & Perrins 5

WIFI Code: **conclub2018**

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